



Christ Church
Cathedral
Ottawa

Fifth Sunday after Pentecost

Sunday | June 23rd | 2024

10.30 am | Choral Eucharist | BAS

Communion Service in F | Harold Darke

The flowers are given to the glory of God
and in loving memory of Alice, Marjorie and Ursula Evans

Welcome

Children are welcome to fully participate in the service and activity sheets are available in the bookshelves at the entrance to the Cathedral. Sidespeople can provide headsets for those who need hearing assistance and can ensure that communion is brought to you in the pew if required. Please turn off or set mobile devices to silent mode.

The Gathering of the Community

Prelude | *Andante cantabile (Symphonie 4) | C.M. Widor*

Announcements

Hymn 350 | *Stand up and bless the Lord*

Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Our Diocese of Ottawa was founded on the homeland of the Anishinaabe Algonquin. May we dwell on this land with respect and peace.

Almighty God,

to you all hearts are open, all desires known and from you no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

Gloria

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Collect of the Day

Saving God, enter the flood and storm of chaos and confusion and speak peace to our fearful hearts, so that we might find our faith in him whose word brings rest to all creation; through Jesus Christ, Lord of wind and wave. **Amen.**

The Proclamation of the Word

First Reading | *1 Samuel 17:32-49*

A reading from the first book of Samuel.

David said to Saul, "Let no one's heart fail because of him; your servant will go and fight with this Philistine." Saul said to David, "You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth." But David said to Saul, "Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God." David said, "The Lord, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine." So Saul said to David, "Go, and may the Lord be with you!" Saul clothed David with his armour; he put a bronze helmet on his head and clothed him with a coat of mail. David strapped Saul's sword over the armour, and he tried in vain to walk, for he was not used to them. Then David said to Saul, "I cannot walk with these; for I am not used to them." So David removed them. Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine. The Philistine came on and drew near to David, with his shield-bearer in front of him. When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in appearance. The Philistine said to David, "Am I a dog, that you come to me with sticks?" And the Philistine cursed David by his gods. The Philistine said to David, "Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field." But David said to the Philistine, "You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. This very day the Lord will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the Lord does not save by sword and spear; for the battle is the Lord's and he will give you into our hand." When the Philistine drew nearer to meet David, David ran quickly toward the battle line to meet the Philistine. David put his hand

in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

Holy Word, Holy Wisdom.

Thanks be to God.

Psalm | 9:9-20

You will be a refuge for the oppressed, a refuge in time of trouble. Those who know your name will put their trust in you, for you never forsake those who seek you, O Lord. Sing praise to the Lord who dwells in Zion; proclaim to the peoples the things God has done. The avenger of blood will remember them and will not forget the cry of the afflicted. Have pity on me, O Lord; see the misery I suffer from those who hate me, O you who lift me up from the gate of death; so that I may tell of all your praises and rejoice in your salvation in the gates of the city of Zion. The ungodly have fallen into the pit they dug, and in the snare they set is their own foot caught. O Lord, you are known by your acts of justice; the wicked are trapped in the works of their own hands. The wicked shall be given over to the grave, and also all the peoples that forget you. For the needy shall not always be forgotten, and the hope of the poor shall not perish for ever. Rise up, O Lord, let not the ungodly have the upper hand; let them be judged before you. Put fear upon them, O Lord; let the ungodly know they are but mortal.

Second Reading | 2 Corinthians 6:1-13

A reading from the second letter of Paul to the Corinthians.

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see - we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you.

There is no restriction in our affections, but only in yours. In return - I speak as to children - open wide your hearts also.

Holy Word, Holy Wisdom.

Thanks be to God.

Gradual | *Antiphon* | *Ralph Vaughan Williams*

Let all the world in every corner sing, my God and King! The heavens are not too high, his praise may thither fly: the earth is not too low, his praises there may grow. Let all the world in every corner sing, my God and King! The church with Psalms must shout. No door can keep them out: but above all, the heart must bear the longest part. Let all the world in every corner sing, my God and King!

Holy Gospel | *Mark 4:35-41*

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Jesus Christ.

On that day, when evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Hymn 564 | *Lead us, heavenly Father, lead us*

Apostles Creed

Let us confess the faith of our baptism, as we say,

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers

Let us pray.

Living God, awaken in us a sense of wonder for the earth and all that is in it. Teach us to care creatively for its resources and to share its bounty equitably. Come, Holy Spirit, creator: renew the face of the earth.

Come, Holy Spirit, come.

Holy One, bless Bishop Shane in his ministry and enliven our diocese and cathedral, so that we may be salt of the earth and light to the world. Breathe fresh life into your people and give us power to reveal Christ in word and action. Come, Holy Spirit, counsellor: and touch our lips that we may proclaim your word.

Come, Holy Spirit, come.

Reconciling Spirit, lead us and all people into ways of justice and peace, that we may respect one another in freedom and truth. Be with those who live in the midst of war and conflict, and bring safety to refugees and those in danger. Come, Holy Spirit, power from on high: make us agents of peace, ministers of wholeness.

Come, Holy Spirit, come.

Healing God, be with all who suffer in body, mind or spirit, and be with those who mourn. May those we name in the silence of our hearts know the power of your comforting love.

Silence.

Make us willing agents of your compassion and strengthen us as we share in making people whole. Come, Holy Spirit, breath of God: give life to the dry bones of this exiled age, and make us a living people, holy and free.

Come, Holy Spirit, come.

Faithful God, inspire with your wisdom those whose decisions affect the lives of others, that all may act with integrity and courage. Give grace to all whose lives are linked with ours, that we may serve Christ in one another, and love as he loves us. Come, Holy Spirit, wisdom and truth: strengthen us in the risk of faith.

Come, Holy Spirit, come. Amen.

Confession and Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to this table. Let us confess our sins, confident in God's forgiveness.

Silence.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Offertory Hymn 501 | *Through all the changing scenes of life*



Thank you for donating to the ministry of our Cathedral! You may also make an offering via the collection plate or tip-tap machine in the foyer, by going to <https://www.canadahelps.org/en/dn/5519> or by e-transfer to info@ottawacathedral.ca.

The Celebration of the Eucharist

Prayer Over the Gifts

Eternal God, you have made our Saviour Jesus Christ the head of all creation. Receive all we offer you this day and renew us in his risen life, in the name of Jesus Christ the Lord.
Amen.

The Great Thanksgiving

May God be with you.
And also with you.

Lift up your hearts.
We lift them up to God.

Let us give thanks to God our Creator.
It is right to offer thanks and praise.

Holy God, Lover of creation, we give you thanks and praise for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts.

When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation.

Joining in the song of the universe we proclaim your glory: *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him. He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said “Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me.” And now we gather at this table in response to his commandment, to share the bread and cup of Christ’s undying love, and to proclaim our faith.

Christ has died. Christ is risen. Christ will come again.

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever. **Amen.**

The Lord’s Prayer

Our Father,

who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

The gifts of God for the People of God.

Thanks be to God.

Agnus Dei

Communion

All are welcome to come to the altar rail. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.

Motet | *Irish Blessing* | Philip Stopford

May the road rise to meet you. May the wind be ever at your back. May the sun shine warm upon your face; the rains fall soft upon your fields. And until we meet again, may God hold you in the palm of his hand. May the sun make your days bright. May the stars illuminate your nights. May the flowers bloom along your path; your house stand firm against the storm. And until we meet again, may God hold you in the palm of his hand. Amen.

The Sending of the Community

Prayer after Communion

Almighty God, guide and protect your people who share in this sacred mystery, and keep us always in your love; through Jesus Christ our Lord. **Amen.**

Pledge of Transformation

For love, which heals wounds,
we will stand.

For generosity, which opens space for hope,
we will stand.

For nurturing, which builds a culture of peace,
we will stand.

For compassion, which seeks the best for all,
we will stand.

For respect, which enables us to love with difference,
we will stand.

For humility, which allows healthy relationships with others,
we will stand.

Together for hope,
we will stand.

Blessing and Dismissal

May Christ's holy, healing, enabling Spirit be with you every step of the way, and be your guide as your road changes and turns; and the blessing of God our Creator, Redeemer and Giver of life be with you always. **Amen.**

Go forth into the world, rejoicing in the power of the Spirit.

Thanks be to God.

Hymn 325 | *Angel-voices, ever singing*

Postlude | *Final (Symphonie 1) | Louis Vierne*

Celebrant | The Reverend Canon Rob Heard
Preacher | The Very Reverend Beth Bretzlaff
Readers | Peter Webber | Mahira Remplet
Intercessor | John Serrati

Organist | Isabelle Demers
Director | James Calkin
Sung by | The Cathedral Choirs
Duty Warden | Katherine Spencer-Ross

Collect: *Prayers for an Inclusive Church* (2009) alt. Liturgy: *The Book of Alternative Services* ©1985, *The Psalter of The Book of Alternative Services Emended for Contemporary Liturgical Use* ©2016, *Supplementary Eucharistic Prayer #1* © 2001 by the General Synod of the Anglican Church of Canada. Readings: *New Revised Standard Version Bible (NRSV)* Anglicized Edition, ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. *Pledge of Transformation* is a commitment made by *Together for Hope* partners, the sister-organisation to the *Coventry Community of the Cross of Nails*, which is open to partners of other faiths, or no faith.

Readings Next Sunday | June 30th

Sixth Sunday after Pentecost

2 Samuel 1:1, 17-27; Psalm 130; 2 Corinthians 8:7-15; Mark 5:21-43

Christ Church Cathedral Ottawa

Anishinaabe aking ate awaso kikinawadjichigan | A place of prayer on Algonquin territory
The Anglican Cathedral in the Nation's Capital
Cathedral of the Canadian Forces Anglican Military Ordinariate

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Bishop of Ottawa | The Right Reverend Dr. Shane Parker

Dean of Ottawa and Rector | The Very Reverend Beth Bretzlaff (ext. 16)

Vicar | The Reverend Canon Douglas Richards (ext. 19)

Deacon Residentiary | The Reverend Dr. Jarrett Carty

Honorary Assistants | The Reverend Canon Rob Heard | LCol (ret'd) The Venerable Michelle Staples |

Lt (N) The Reverend Katherine Walker

Algonquin Teacher in Residence | Albert Dumont (Oshki Nodin)

Spiritual Director in Residence | Deacon Christine Jannasch (613.818.1754)

Cathedral Administrator | Josephine Hall (ext. 29)

Church Wardens | Jane Morris | Katherine Spencer-Ross

Director of Music and Organist | James Calkin (ext. 20)

Associate Director of Music | Andrew McAnerney (ext. 12)

Assistant Organist | Owen Spicer
